



Breaking ED

Breaking ED Meal Support Group

A dining experience providing meal support and exposure for individuals recovering from eating disorders

- \$75.00 per group*
- 6 week commitment (exceptions can be made for pre-existing conflicts)
 - Pre-registration require---space is limited
- A brief phone assessment will be required to ensure *Breaking ED* is the proper level of support to meet individual needs

Thursday Dinner: 6:00pm at The Nunzia Center

For inquiries or to register for Thursday dinners please contact Laura at:
484-604-0119 or lauradinunziolpc@gmail.com

Saturday Lunch: 1:00pm at Balanced Nutrition and Yoga

For inquiries or to register for Saturday lunches please contact Natalie at:
610-715-4685 or natalie@balancednutritionllc.com



Balanced Nutrition and Yoga:
5046 West Chester Pike, Newtown Square, PA

The Nunzia Center:
225 South Church Street, West Chester, PA

